
Gambling on Civvy Street:
Assessing the impact of gambling related problems
on UK Armed Forces veterans and their families

Glen Dighton

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Disclosure



Work presented herein forms part of a PhD studentship, funded by
GambleAware

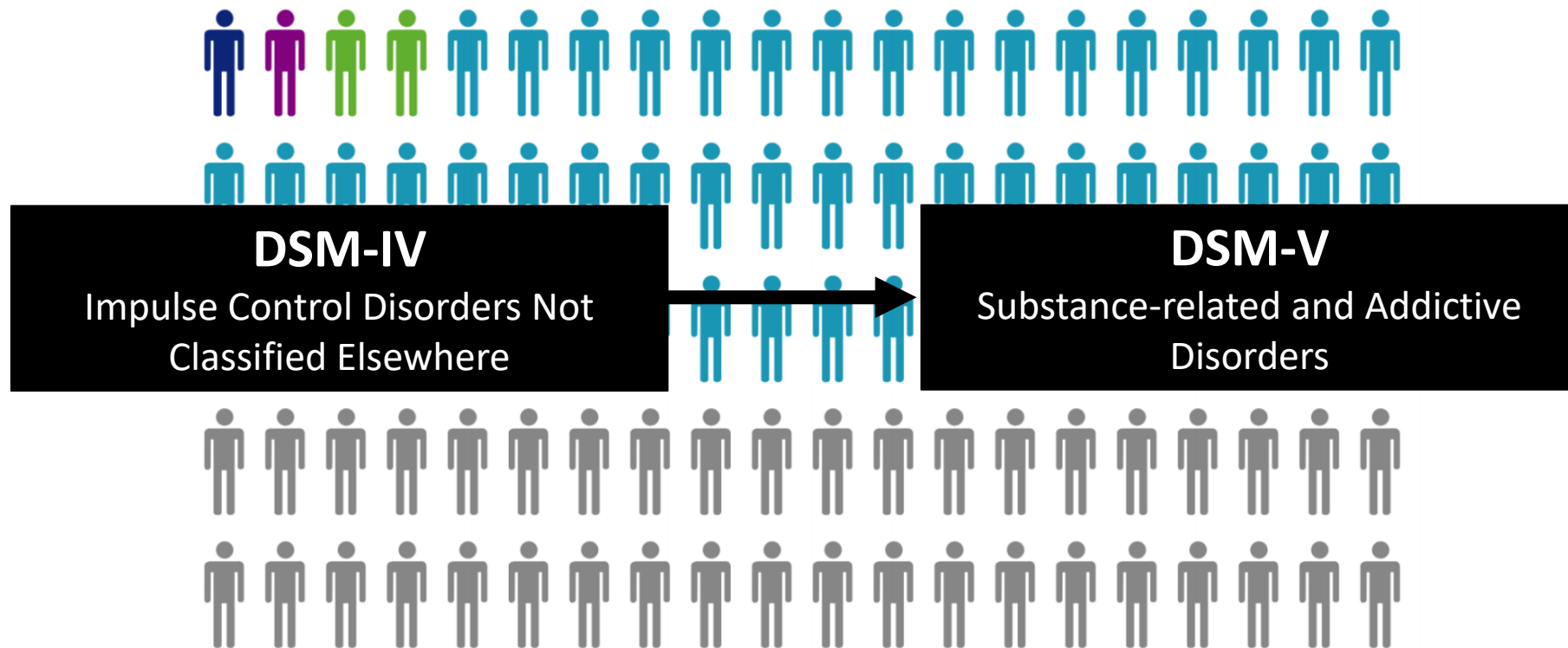
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Gambling Disorder



“Persistent and recurrent problematic gambling behaviour leading to clinically significant impairment or distress.”



Impulsivity in Decision Making



21 ♂ Veterans

21 ♂ Non-Veterans



Age Matched

Delay Discounting Task

Iowa Gambling Task

Which would you prefer

£50
NOW

OR

£100
in 1 month

Previous Total £2000
Current Total £2000

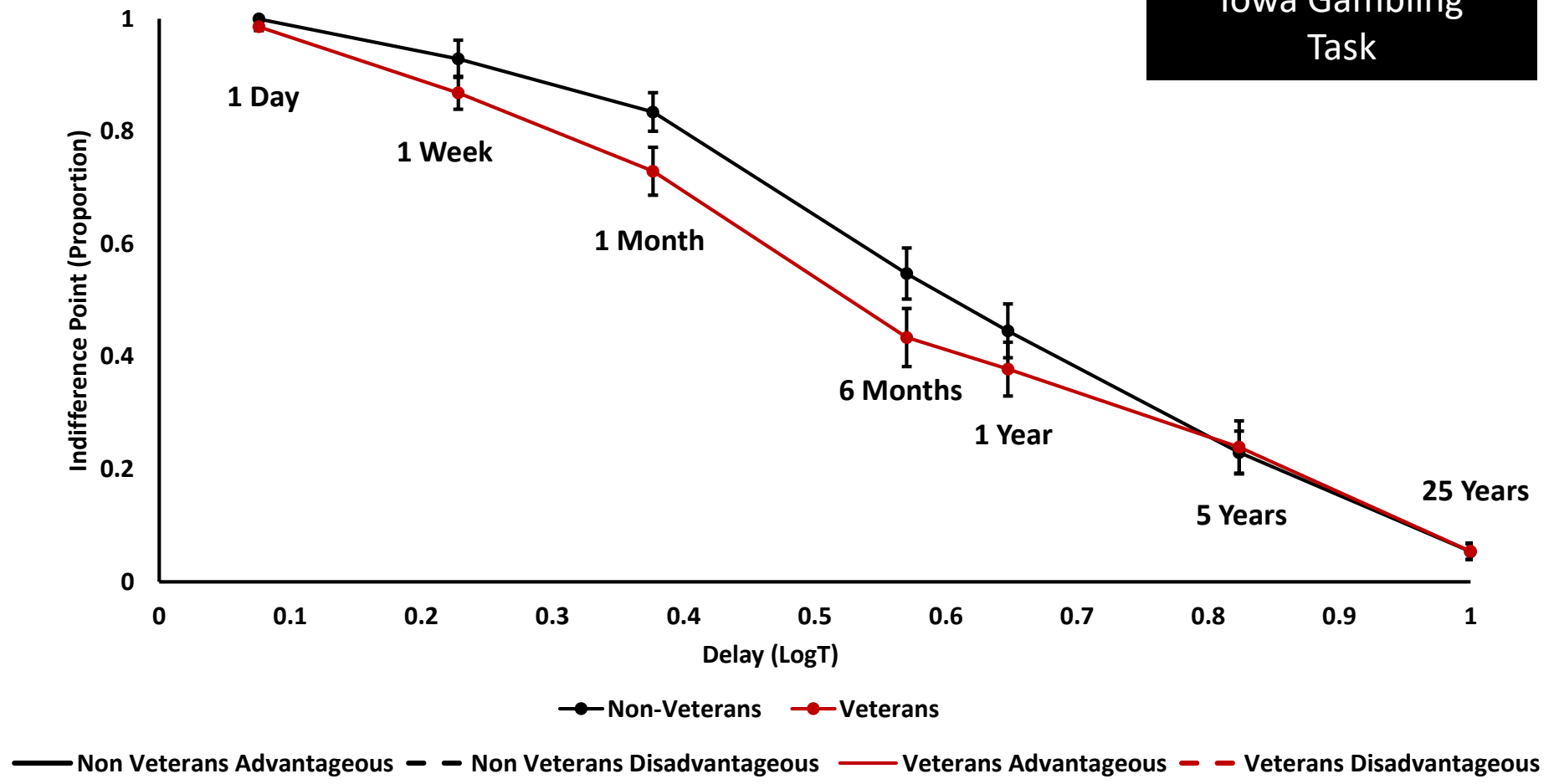


Impulsivity in Decision Making



VETERANS AND GAMBLING STUDY

Iowa Gambling Task



Risk-Taking, Risk-Perception and Impulsivity



50 Veterans	50 UAFT Students
49 Non-Veterans	50 Students

Impulsivity

S-UPPS-P

Go/No-Go

Risk

DOSPERT

BART

Total winnings
£0.00
Winnings this
balloon
£1.05
Balloon 2 of 10

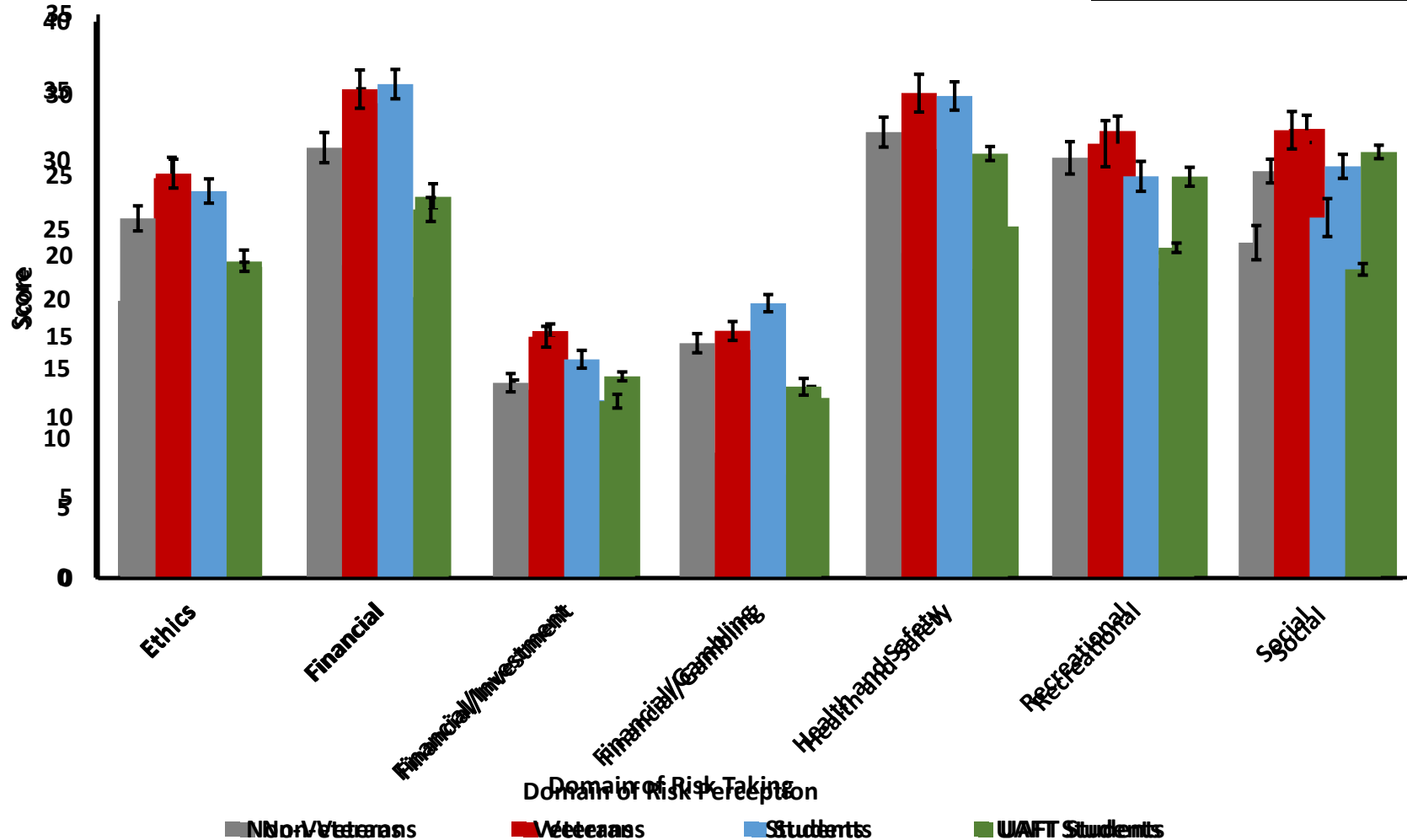
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PUMP

COLLECT

Risk-Taking, Risk-Perception and Impulsivity



Conclusions



- Veterans may be more impulsive than Non-Veterans.
- Veterans are more likely to take risks than Non-Veterans, Students, and UAFT Students.
- Veterans also perceive these risk behaviours to be highly risky
Perceptions of risk leading to self-regulation of behaviour?
- UAFT Students exhibit high risk-taking scores on DOSPERT and BART
Screening at pre-enlistment may be apposite.

Thank you for your time

Any Questions?



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